

## Eighth Annual Rock/Creek StumpJump Set for October 4

Locally-owned outdoor retailer Rock/Creek announces the 8th Annual Rock/Creek StumpJump, a 50k and 11 mile trail running race to take place on the Cumberland Trail on Signal Mountain. This year's race will take place on Saturday, October 4. Registration is currently open at <http://www.rockcreek.com/stumpjump>.

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The StumpJump has become one of the largest ultramarathon-distance races in the country. Four hundred runners attended last year's Rock/Creek StumpJump, and the race director anticipates that the race will sell out again this year. Despite unrelent-

ing heat that forced other races such as the Chicago Marathon to cancel, last year's race "was probably the best StumpJump we've put on so far," said Race Director **Jamie Sanders**. Dramatic views, challenging hills, and exciting creek crossings make this a race to remember.

Last year's race raised \$4000 for the Cumberland Trail Conference (CTC) for trail work on the 300-plus-mile long Cumberland Trail. The Trail, still under construction, stretches across the state of Tennessee from Chattanooga to Cumberland Gap. The Rock/Creek StumpJump 50K course starts on Signal Mountain at Nolan Elementary and runs into Suck Creek Gorge into Prentice Cooper Wildlife Management Area, where the runners complete the Mullens' Cove Loop on Walden Ridge, then head back across Suck Creek to finish at Nolan Elementary. The 11-Mile race course is an out-and-back run following the same initial route but turning around at Suck Creek Road.

Before the race, on Friday, October 3, Rock/Creek again will host the general public for a vendor fair, and will serve racers a catered "carbo" supper at the new Rock/Creek store at Two North Shore off Manufacturers' Road. This family-friendly



## Holmberg Arts Leadership Institute Reconvenes

Allied Arts of Greater Chattanooga is once again facilitating the Bill Holmberg Arts Leadership Institute, a seven-part series designed to fully engage participants in the arts community. The deadline for application was Monday, August 25.



Launched in 2005 in memory of long-time board member and arts advocate **A. William Holmberg Jr.**, the institute offers behind-the-scenes site visits to cultural and educational institutions, case studies of arts agencies, panel discussions with community leaders and a unique forum for pursuing shared goals among arts leaders, business leaders, educators and philanthropic foundations.

"The institute embodies the spirit of Mr. Holmberg's passion for the arts," said **Marilyn J. Harrison**, Vice President of Allied Arts. "The classes, the speakers, the whole curriculum reflect Mr. Holmberg's vision. The participants that remain engaged in the

positions. It's a wonderful way to become involved in the arts community in a meaningful way."

Participants will receive a copy of **Daniel Pink's** book, "A Whole New Mind," a critically acclaimed examination of the six essential aptitudes on which professional success and personal fulfillment now depend.

Participation is open to residents of the greater Chattanooga area who have demonstrated passionate support and advocacy for the arts and who have made a commitment to making a difference in the quality of life in the community. Graduates of the Holmberg Arts Leadership Institute will be identified as potential board member candidates for cultural organizations.

With keynote speakers and panelists drawn from the community's leaders, classes will take place from 8:30 a.m. to 12 p.m. on the following days: September 18, September 25, October 2, October 9, October 16, October 23, November 6.

event will showcase the race's sponsors and will serve as a packet pick-up for racers. A clinic on trail running will also take place that evening.

Sponsors of the race include SmartWool, Mountain Hardwear, Salomon, Hammer Nutrition, La Sportiva, The North Face, Greenlife Grocery and Deuter. Proceeds go to the Wilderness Trail Running Association (The Boonies) for their trail building and maintenance efforts.

For registration information, past results and photography, please visit <http://www.rockcreek.com/stumpjump/>